

Vacation Care Program

The Y Sacred Heart

**When
school is
out, the
Y is in!**

WEEK 1 – SPORTS WEEK

Monday 19th January Cost: \$113	Music Day Come to the Y today to unleash your musical talents as we participate in Fun Day Out with African drumming. Let's bring the spirit of Africa to the Y and celebrate percussion, community, and creativity. In House Activity - Fun Day Out - African drumming
Tuesday 20th January Cost: \$125	Ten Pin Bowling Day Come along to the Y today to play a game at Zone Bowling, there will be plenty of fun where you can showcase your skills and have friendly competition with peers. Cheer on your teammates, learn sportsmanship, and create memories. Excursion - Zone bowling Belconnen-1 game of bowling & Lunch
Wednesday 21st January Cost: \$113	Sports Challenge Today will be filled with sports activities. Join us for Mix & Match sessions that celebrate inclusion, teamwork, and healthy competition as participants rotate through stations, try new games, and enjoy play together today. In House Activity - Mix and Match sports – No Limit Sports
Thursday 22nd January Cost: \$113	AIS Sports Day / Wheels Day Let's have fun at AIS Sportex in sports area, where energy runs high and a chance to try new sports. Come dressed in your favourite team colour as we dive into a day of sports and teamwork. Bring your bikes or scooters and get ready for active, outdoor fun. Please ensure you wear your helmet at all times. No helmet means no ride today. Excursion – Australian Institute of Sport
Friday 23rd January Cost: \$120	YMCA Paddlehub Today we plan to visit the Y Paddle Hub, join in water-based activities, and experience kayaking and paddleboarding. Our group will learn the basics, try new skills, and enjoy outdoor adventure together. Excursion – YMCA Paddlehub - Yarralumla

WEEK 2

Monday 26th January	PUBLIC HOLIDAY 
Tuesday 27th January Cost: \$113	Spooky Fun Day Let's enjoy a day of friendly frights, playful thrills, and spooky crafts, the children will participate in our art kids program and create Plasticine monsters Activities that will explore eerie fun and celebrate creativity together. In House Activity - Art kids Plasticine monster
Wednesday 28th January Cost: \$113	Water Games Fun Day Today we will enjoy activities with a splash of water. Please bring a change of clothes and a towel, as we embrace the warmer summer weather with fun games and laughter for everyone. In House Activity - Water games-No Limit Sports
Thursday 29th January Cost: \$93	Children's Takeover Day Today the ball is in the children's court! Children will choose activities in sports, games, art and craft. We listen to their ideas and preferences, empowering them to lead the day with creativity, collaboration, and confidence.



Excursion days



Bring a change of clothes

Y Canberra Region

Opening Hours: 8:00am - 6:00pm, Monday - Friday

To Bring: Healthy lunch, 2x snacks, a hat and water bottle

Note: for excursions, children must be at service by 8:30am

Book your spot via our website or My Family Lounge

