## SPORT FANATIC WEEK



Vacation Care Program

Get your muscles ready for a fun-filled week of sports, fitness and physical activities!

Throughout the week you will be introduced to sports that you may have never played or heard of, and you'll be able to do fun drills that will increase your skill level across multiple sports!

There will be plenty of incursions and excursions during the week as well, so make sure to bring a high level of energy for each day!





Monday 9th January	Tuesday 10th January	Wednesday 11th January
<b>Hockey</b> 10am - 11:30am	Nutrition Australia Bushwalk Lunch Fitness Session	Paddle Hub The ARC 10am





Thursday 12th January	Friday 13th January
AIS Sportex	TBC
10am - 11m	TBC
Cube Sport Soccer	Ninja Warriors
1pm - 2:30pm	12pm - 3pm





8:00am - 6:00pm | Monday - Friday
Pack a healthy lunch, 2 snacks, a hat and water bottle
\*Pack some spare clothes for messy/water play

