

ONLINE AT THE Y

Learn, create, do something new by learning with the Y from your home

Gratitude Jar

Recommended for ages 3+

Resources/Ingredients:

- Jar
- Ribbon
- Glue stick
- Scissors
- Paper

Instructions:

1. Create a label for jar and glue it on.
2. Use the ribbon to decorate.
3. Use the paper write down something that you're grateful for.
4. Add the card to your jar. Can you fill your jar?

