

ONLINE AT THE Y

Learn, create, do something new by learning with the Y from your home

Community Helpers Series - Postman

Recommended for 2 ages and above

Family Chat Hints:

When talking to children about unknown topics, it is best use terminology they understand. This supports their comprehension and enables them to focus on the details of the conversation.

When discussing what a Postman does, highlight the role they play in the child's life.

- Show the child a photo of a postman
- Explain what a postman's uniform looks like.
- Point a postman out on the street.
- Explain a postman deliver's important documents from one place to another.
- Explain the postman carry's letters, money orders, greeting cards, parcels etc. going from door to door and street to street.
- How does the Postman deliver the mail?
- Building they work in is called the post office
- Take some time to write a letter and post it.

