

ONLINE AT THE Y

Learn, create, do something new by learning with the Y from your home

How the birds got their colours?

Recommended age: 2 – 5 years

Resources/Ingredients:

- Milk
- Shallow dish
- Food colouring
- Cotton buds (Q-tips)
- Soap dish

Instructions: <https://www.youtube.com/watch?v=JtRHtCa6GZ8>

1. Click on the link to read the story
2. Encourage the child to pour some milk into the shallow dish by using a measuring cup.
3. Then, encourage the child to add approximately 5-6 drops of food colouring (while doing this, role model counting).
4. In meantime, prepare the liquid dish soap in a small bowl, and then encourage the child to add a small amount of water and mix with the end of the cotton bud.
5. Once mixed with water, encourage the child to place the soap soaked cotton bud into the centre of the of the milk dish.

