

## Safe Behaviours

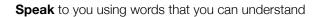


## At the Y, you can expect adults who work here to:

Listen carefully to you, and always take what you say seriously

Protect you, and keep you safe from harm - anywhere, and at any time

Respect and support you, and always make you feel welcome and included



Follow the rules, and set a good example for others

Notice if you are not feeling ok, or if you have been hurt

Respond quickly if they think you have been hurt, or need help

Support you to feel good about yourself by giving you new things to do and learn

Be professional and never do anything that makes you feel scared or uncomfortable

Encourage you to be the best you can









## **NationalSafeguardingUnit**

Feel Safe. Be Safe

